

said. Blumenthal was in Greeley on Thursday to deliver the keynote address at a conference about women's health.

The conference, held at the University of Northern Colorado, featured a variety of panelists who discussed everything from anorexia to breast cancer to political action.

Blumenthal delivered a "report card" on women's health in the country today: The biggest problem facing women isn't any one disease, but instead is a lack of focus on women's health.

"We must address these issues if we want to safeguard women's health," she said.

The problem stems from the fact that women's health issues also are political issues, said Raissa Geary, a member of the U.S. Senate's Health, Education, Labor and Pensions Committee.

"This is more politically charged than almost anything we do," she said. "We're treated as a political issue when it comes to health care. We have wonderful, pure approaches to women's health care policy, but it's not in a vacuum."

Although women's health is not being discussed as often as most women would like, awareness of health problems facing women has increased in the past century, Blumenthal said.

For many years, serious health problems such as heart disease and lung cancer were thought only to occur in men. But through increasing research in women's health issues, Blumenthal said, concerns such as these are being discussed.

Also, it's important to include women and minorities in all research projects relating to health issues that affect women as well as men, Blumenthal said. Programs that don't include women will lose their federal funding.

Marianne Dinges attended the conference Thursday and said the experience was valuable. She said she was impressed with the quality of the speakers and the topics they were scheduled to discuss.

"It appeared we were going to see a full gamut of issues and their political relevance," she said. "A lot of us are involved in women's issues and hear a lot about this, but we all got new information."

The conference was sponsored by UNC and U.S. Sen. Ben Nighthorse Campbell, R-Colo. Campbell said his staff pitched the idea to UNC after receiving many calls from women about health issues.

"It came from the community activists who wanted me to do it," he said.

The issues addressed at the conference need to be at the forefront of public debate, Campbell said.

He said he will take the information back to Washington, D.C., and enter it into the Congressional Record. He also wants to start a series of forums like the one Thursday to further address the issues.

"We just touched the surface of women's health," he said. "The time to endure is passed. It's time to fight back."

#### HEALTHY LIVING

Susan Blumenthal, assistant U.S. surgeon general, gave these tips for healthy lives:

Find a doctor who respects you.

Know your family health history; many diseases are genetic and run in families.

If you smoke, stop. If you don't, never do. It's the No. 1 preventable cause of health problems among women.

Exercise or do some other sort of physical activity at least 30 minutes every day. This could be as simple as riding a bike or walking up stairs rather than using the elevator. Eat smart.

Get annual physical exams, and make sure to include routine women's health tests such as pap smears.

Know your health care plan and make sure to read the fine print.

Mr. CAMPBELL. Mr. President, information we received at the forum will be helpful in my work on the Appropriations Committee as we consider funding priorities in the women's health area.

I thank the Chair and yield the floor.

#### MESSAGES FROM THE PRESIDENT

Messages from the President of the United States were communicated to the Senate by Mr. Williams, one of his secretaries.

#### EXECUTIVE MESSAGES REFERRED

As in executive session the Presiding Officer laid before the Senate messages from the President of the United States submitting sundry nominations which were referred to the Committee on Banking, Housing, and Urban Affairs.

(The nominations received today are printed at the end of the Senate proceedings.)

#### MESSAGES FROM THE HOUSE

At 4:00 p.m., a message from the House of Representatives, delivered by one of its reading clerks, announced that the House has passed the following bills, in which it requests the concurrence of the Senate:

H.R. 1259. An act to amend the Congressional Budget Act of 1974 to protect Social Security surpluses through strengthened budgetary enforcement mechanisms.

H.R. 1915. An act to provide grants to the States to improve the reporting of unidentified and missing persons.

The message also announced that the House agrees to the amendment of the Senate to the bill (H.R. 435) to make miscellaneous and technical changes to various trade laws, and for other purposes.

The message further announced that pursuant to section 334(b)(1) of Public Law 105-220 and the order of the House of Thursday, May 27, 1999, and upon the recommendation of the Minority Leader, the Speaker appoints the following member on the part of the House to the Twenty-First Century Workforce Commission: Mr. David L. Stewart of St. Louis, Missouri.

The message also announced that pursuant to the provisions of 22 U.S.C. 276d, the Speaker appoints the following Members of the House to the Canada-United States Interparliamentary Group, in addition to Mr. Houghton of New York, Chairman, appointed on February 11, 1999: Mr. Gilman of New York, Vice Chairman, Mr. Oberstar of Minnesota, Mr. Shaw of Florida, Mr. Lipinski of Illinois, Ms. Slaughter of New York, Mr. Upton of Michigan, Mr. Stearns of Florida, Mr. Peterson of Minnesota, Ms. Danner of Missouri, Mr. Manzullo of Illinois, and Mr. English of Pennsylvania.

#### MEASURE REFERRED

The following bill was read the first and second times by unanimous consent and referred as indicated:

H.R. 1915. An act to provide grants to the States to improve the reporting of unidentified and missing persons; to the Committee on the Judiciary.

#### EXECUTIVE AND OTHER COMMUNICATIONS

The following communications were laid before the Senate, together with accompanying papers, reports, and documents, which were referred as indicated:

EC-3384. A communication from the Secretary of Health and Human Services, transmitting, pursuant to law, a report entitled "Eliminating Racial and Ethnic Disparities in Health"; to the Committee on Health, Education, Labor, and Pensions.

EC-3385. A communication from the Program Analyst, Office of the Chief Counsel, Federal Aviation Administration, Department of Transportation, transmitting, pursuant to law, the report of a rule entitled "Amendment of Class E Airspace; Thomson, GA: Docket No. 99-ASO-45-17 (5-17)" (RIN2120-AA66) (1999-0176), received May 17, 1999; to the Committee on Commerce, Science, and Transportation.

EC-3386. A communication from the Program Analyst, Office of the Chief Counsel, Federal Aviation Administration, Department of Transportation, transmitting, pursuant to law, the report of a rule entitled "Standard Instrument Approach Procedures; Miscellaneous Amendments (22), Amdt. No. 1931/5-21 (5-24)" (RIN2120-AA65) (1999-0026), received May 24, 1999; to the Committee on Commerce, Science, and Transportation.

EC-3387. A communication from the Program Analyst, Office of the Chief Counsel, Federal Aviation Administration, Department of Transportation, transmitting, pursuant to law, the report of a rule entitled "Standard Instrument Approach Procedures; Miscellaneous Amendments (65), Amdt. No. 1930/5-21 (5-24)" (RIN2120-AA65) (1999-0025), received May 24, 1999; to the Committee on Commerce, Science, and Transportation.

EC-3388. A communication from the Special Assistant to the Chief, Mass Media Bureau, Federal Communications Commission, transmitting, pursuant to law, the report of a rule entitled "1998 Biennial Regulatory Review-Streamlining of Radio Technical Rules in Parts 73 and 74 of the Commission's Rules-First Report and Order" [MM Docket No. 98-93], (RIN3060-AG81), (FCC 99-55), received May 12, 1999; to the Committee on Commerce, Science, and Transportation.

EC-3389. A communication from the Special Assistant to the Chief, Mass Media Bureau, Federal Communications Commission, transmitting, pursuant to law, the report of a rule entitled "Amendment of Section 73.202(b), Table of Allotments, FM Broadcast Stations. [Meyersdale, Pennsylvania; Richwood, West Virginia; Newell, Iowa; Superior, Wyoming; LaCenter, Kentucky; Lovell, Wyoming; Royal City, Washington]" [MM Docket Nos. 98-28; 98-33, 98-71; 98-109; 98-114; 98-116; 98-150], received May 12, 1999; to the Committee on Commerce, Science, and Transportation.

EC-3390. A communication from the Special Assistant to the Chief, Mass Media Bureau, Federal Communications Commission, transmitting, pursuant to law, the report of a rule entitled "Memorandum Opinion and Order—Implementation of Section 309(j) of the Communications Act" [MM Docket No.